

**2024 - BC Coast Region Championships**  
 February 2 to 4, 2024 Poirier Sport and Leisure Complex, Coquitlam, BC  
 Tentative Schedule as of January 23, 2024 - Subject to Change

| FRIDAY - FEBRUARY 2, 2024   |       |                                |      |       |     |          |        |       |                      |      |       |     |          |
|-----------------------------|-------|--------------------------------|------|-------|-----|----------|--------|-------|----------------------|------|-------|-----|----------|
| Rink 2                      |       |                                |      |       |     |          | Rink 3 |       |                      |      |       |     |          |
| Start                       | End   | Category                       | Prog | Group | No. | Duration | Start  | End   | Category             | Prog | Group | No. | Duration |
| 8:00                        | 9:10  | STAR 5 Women U13               | F    | 1     | 14  | 1:10     | 8:00   | 8:30  | STAR 3               | F    | 1     | 7   | 0:30     |
| 9:10                        | 10:20 | STAR 5 Women U13               | F    | 2     | 15  | 1:10     | 8:30   | 9:00  | STAR 3               | F    | 2     | 7   | 0:30     |
| 10:20                       | 10:35 | FLOOD                          |      |       |     | 0:15     | 9:00   | 9:30  | STAR 3               | F    | 3     | 7   | 0:30     |
| 10:35                       | 11:45 | STAR 5 Women U13               | F    | 3     | 15  | 1:10     | 9:30   | 10:00 | STAR 3               | F    | 4     | 7   | 0:30     |
| 11:45                       | 12:55 | STAR 5 Women U13               | F    | 4     | 15  | 1:10     | 10:00  | 10:15 | FLOOD                |      |       |     | 0:15     |
| 12:55                       | 13:10 | FLOOD                          |      |       |     | 0:15     | 10:15  | 10:30 | STAR 6 - Elements    | E    |       | 6   | 0:15     |
| 13:10                       | 13:45 | STAR 5 Men                     | F    |       | 7   | 0:35     | 10:30  | 10:50 | STAR 7/8 - Elements  | E    | 1     | 8   | 0:20     |
| 13:45                       | 14:40 | STAR 5 Men                     | F    |       | 9   | 0:55     | 10:50  | 11:10 | STAR 7/8 - Elements  | E    | 2     | 8   | 0:20     |
| 14:40                       | 14:55 | Special O Men - Level 6/Open   | F    |       | 1/1 | 0:15     | 11:10  | 11:30 | STAR 9/10 - Elements | E    | 1     | 8   | 0:20     |
| 14:55                       | 15:10 | STAR 7 Men / STAR 9 Men        | S    |       | 1/1 | 0:15     | 11:30  | 11:50 | STAR 9/10 - Elements | E    | 2     | 8   | 0:20     |
| 15:10                       | 15:25 | FLOOD                          |      |       |     | 0:15     | 11:50  | 12:05 | FLOOD                |      |       |     | 0:15     |
| 15:25                       | 16:35 | STAR 7 Women                   | S    | 1     | 12  | 1:10     | 12:05  | 12:35 | STAR 3               | F    | 5     | 8   | 0:30     |
| 16:35                       | -9    | STAR 7 Women                   | S    | 2     | 13  | 1:15     | 12:35  | 13:05 | STAR 3               | F    | 6     | 8   | 0:30     |
| 17:50                       | 18:05 | FLOOD                          |      |       |     | 0:15     | 13:05  | 13:35 | STAR 3               | F    | 7     | 8   | 0:30     |
| 18:05                       | 19:40 | STAR 9 Women                   | S    | 1     | 17  | 1:35     | 13:35  | 14:05 | STAR 3               | F    | 8     | 8   | 0:30     |
| 19:40                       | 19:55 | FLOOD                          |      |       |     | 0:15     | 14:05  | 14:35 | STAR 3               | F    | 9     | 8   | 0:30     |
| 19:55                       | 21:30 | STAR 9 Women                   | S    | 2     | 17  | 1:35     | 14:35  | 14:50 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 14:50  | 15:35 | STAR 4 Girls U10     | F    | 1     | 10  | 0:45     |
|                             |       |                                |      |       |     |          | 15:35  | 16:20 | STAR 4 Girls U10     | F    | 2     | 10  | 0:45     |
|                             |       |                                |      |       |     |          | 16:20  | 17:05 | STAR 4 Girls U10     | F    | 3     | 11  | 0:45     |
|                             |       |                                |      |       |     |          | 17:05  | 17:20 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 17:20  | 17:45 | STAR 3               | F    | 10    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 17:45  | 18:10 | STAR 3               | F    | 11    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 18:10  | 18:35 | STAR 3               | F    | 12    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 18:35  | 19:00 | STAR 3               | F    | 13    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 19:00  | 19:15 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 19:15  | 19:40 | STAR 3               | F    | 14    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 19:40  | 20:05 | STAR 3               | F    | 15    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 20:05  | 20:30 | STAR 3               | F    | 16    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 20:30  | 20:55 | STAR 3               | F    | 17    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 20:55  | 21:20 | STAR 3               | F    | 18    | 8   | 0:25     |
| SATURDAY - FEBRUARY 3, 2024 |       |                                |      |       |     |          |        |       |                      |      |       |     |          |
| Rink 2                      |       |                                |      |       |     |          | Rink 3 |       |                      |      |       |     |          |
| Start                       | End   | Category                       | Prog | Group | No. | Duration | Start  | End   | Category             | Prog | Group | No. | Duration |
| 8:00                        | 9:20  | STAR 6 Women                   | F    | 1     | 15  | 1:20     | 8:00   | 8:25  | STAR 2               | F    | 1     | 8   | 0:25     |
| 9:20                        | 10:40 | STAR 6 Women                   | F    | 2     | 15  | 1:20     | 8:25   | 8:50  | STAR 2               | F    | 2     | 8   | 0:25     |
| 10:40                       | 10:55 | FLOOD                          |      |       |     | 0:15     | 8:50   | 9:15  | STAR 2               | F    | 3     | 8   | 0:25     |
| 10:55                       | 12:15 | STAR 6 Women                   | F    | 3     | 15  | 1:20     | 9:15   | 9:40  | STAR 2               | F    | 4     | 8   | 0:25     |
| 12:15                       | 13:35 | STAR 6 Women                   | F    | 4     | 15  | 1:20     | 9:40   | 10:05 | STAR 2               | F    | 5     | 8   | 0:25     |
| 13:35                       | 13:50 | FLOOD                          |      |       |     | 0:15     | 10:05  | 10:20 | FLOOD                |      |       |     | 0:15     |
| 13:50                       | 15:10 | STAR 6 Women                   | F    | 5     | 14  | 1:20     | 10:20  | 10:45 | STAR 2               | F    | 6     | 8   | 0:25     |
| 15:10                       | 16:30 | STAR 6 Women                   | F    | 6     | 14  | 1:20     | 10:45  | 11:10 | STAR 2               | F    | 7     | 8   | 0:25     |
| 16:30                       | 16:45 | FLOOD                          |      |       |     | 0:15     | 11:10  | 11:35 | STAR 2               | F    | 8     | 8   | 0:25     |
| 16:45                       | 16:50 | STAR 2/3 Solo Dance - Lead     | PD   |       | 1   | 0:05     | 11:35  | 12:00 | STAR 2               | F    | 9     | 8   | 0:25     |
| 16:50                       | 17:00 | STAR 2/3 Partnered Dance       | PD   |       | 1   | 0:10     | 12:00  | 12:25 | STAR 2               | F    | 10    | 8   | 0:25     |
| 17:00                       | 17:30 | STAR 4/5 Solo Dance - Follow   | PD   |       | 6   | 0:30     | 12:25  | 12:40 | FLOOD                |      |       |     | 0:15     |
| 17:30                       | 17:45 | SO Solo Dance - Level 2 - F/L  | PD   |       | 1/1 | 0:15     | 12:40  | 12:50 | STAR 2 - Elements    | E    |       | 3   | 0:10     |
| 17:45                       | 17:55 | SO Solo Dance - Level 3 - Lead | PD   |       | 1   | 0:10     | 12:50  | 13:20 | STAR 3 - Elements    | E    |       | 11  | 0:30     |
| 17:55                       | 18:05 | SO Solo Dance - Level 6 - Lead | PD   |       | 1   | 0:10     | 13:20  | 13:45 | STAR 4 - Elements    | E    |       | 10  | 0:25     |
| 18:05                       | 18:20 | FLOOD                          |      |       |     | 0:15     | 13:45  | 14:15 | STAR 5 - Elements    | E    |       | 11  | 0:30     |
| 18:20                       | 20:15 | STAR 8 Women                   | F    |       | 19  | 1:55     | 14:15  | 14:40 | STAR 2               | F    | 11    | 8   | 0:25     |
| 20:15                       | 20:30 | FLOOD                          |      |       |     | 0:15     | 14:40  | 15:05 | STAR 2               | F    | 12    | 8   | 0:25     |
| 20:30                       | 21:45 | STAR 10 Women                  | F    |       | 12  | 1:15     | 15:05  | 15:20 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 15:20  | 15:45 | STAR 2               | F    | 13    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 15:45  | 16:10 | STAR 2               | F    | 14    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 16:10  | 16:35 | STAR 2               | F    | 15    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 16:35  | 17:00 | STAR 2               | F    | 16    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 17:00  | 17:25 | STAR 2               | F    | 17    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 17:25  | 17:40 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 17:40  | 18:05 | STAR 2               | F    | 18    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 18:05  | 18:30 | STAR 2               | F    | 19    | 8   | 0:25     |
|                             |       |                                |      |       |     |          | 18:30  | 18:50 | STAR 2               | F    | 20    | 7   | 0:20     |
|                             |       |                                |      |       |     |          | 18:50  | 19:10 | STAR 2               | F    | 21    | 7   | 0:20     |
|                             |       |                                |      |       |     |          | 19:10  | 19:30 | STAR 2               | F    | 22    | 7   | 0:20     |
|                             |       |                                |      |       |     |          | 19:30  | 19:45 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 19:45  | 20:35 | STAR 4 Girls 13&O    | F    | 1     | 12  | 0:50     |
|                             |       |                                |      |       |     |          | 20:35  | 21:25 | STAR 4 Girls 13&O    | F    | 2     | 12  | 0:50     |
| SUNDAY - FEBRUARY 4, 2024   |       |                                |      |       |     |          |        |       |                      |      |       |     |          |
| Rink 2                      |       |                                |      |       |     |          | Rink 3 |       |                      |      |       |     |          |
| Start                       | End   | Category                       | Prog | Group | No. | Duration | Start  | End   | Category             | Prog | Group | No. | Duration |
| 8:00                        | 9:25  | STAR 5 Women U10               | F    | 1     | 17  | 1:25     | 8:00   | 8:45  | STAR 4 Girls U13     | F    | 1     | 10  | 0:45     |
| 9:25                        | 10:50 | STAR 5 Women U10               | F    | 2     | 17  | 1:25     | 8:45   | 9:30  | STAR 4 Girls U13     | F    | 2     | 10  | 0:45     |
| 10:50                       | 11:05 | FLOOD                          |      |       |     | 0:15     | 9:30   | 10:15 | STAR 4 Girls U13     | F    | 3     | 10  | 0:45     |
| 11:05                       | 12:20 | STAR 5 Women 13&O              | F    |       | 16  | 1:15     | 10:15  | 10:30 | FLOOD                |      |       |     | 0:15     |
| 12:20                       | 13:05 | Gold Women                     | F    |       | 7   | 0:45     | 10:30  | 11:20 | STAR 4 Girls U13     | F    | 4     | 11  | 0:50     |
| 13:05                       | 13:20 | Synchro STAR 3                 | Syn  |       | 3   | 0:15     | 11:20  | 12:15 | STAR 4 Boys          | F    |       | 13  | 0:55     |
| 13:20                       | 13:40 | Synchro STAR 4                 | Syn  |       | 4   | 0:20     |        |       | Special O Women - L1 | F    |       | 1   |          |
| 13:40                       | 13:55 | FLOOD                          |      |       |     | 0:15     |        |       | Special O Women - L2 | F    |       | 3   |          |
| 13:55                       | 14:40 | Artistic STAR 5                | A    | 1     | 10  | 0:45     |        |       | Special O Men - L2   | F    |       | 1   |          |
| 14:40                       | 15:25 | Artistic STAR 5                | A    | 2     | 11  | 0:45     | 12:15  | 12:50 | Special O Women - L3 | F    |       | 1   |          |
| 15:25                       | 15:55 | Artistic STAR 7                | A    | 1     | 8   | 0:30     |        |       | Special O Men - L3   | F    |       | 1   |          |
| 15:55                       | 16:25 | Artistic STAR 7                | A    | 2     | 9   | 0:30     |        |       | Special O Women - L4 | F    |       | 1   |          |
| 16:25                       | 16:40 | Artistic STAR 9                | A    | 4     | 4   | 0:15     | 12:50  | 13:05 | Special O Women - L5 | F    |       | 1   |          |
| 16:40                       | 17:00 | Artistic Gold                  | A    | 4     | 4   | 0:20     |        |       | Special O Men - L5   | F    |       | 1   |          |
|                             |       |                                |      |       |     |          | 13:05  | 13:20 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 13:20  | 13:50 | STAR 1 - Side A      | E    | 1     | 6   | 0:30     |
|                             |       |                                |      |       |     |          |        |       | STAR 1 - Side B      | E    | 2     | 6   |          |
|                             |       |                                |      |       |     |          | 13:50  | 14:20 | STAR 1 - Side A      | E    | 3     | 6   | 0:30     |
|                             |       |                                |      |       |     |          |        |       | STAR 1 - Side B      | E    | 4     | 6   |          |
|                             |       |                                |      |       |     |          | 14:20  | 14:50 | STAR 1 - Side A      | E    | 5     | 6   | 0:30     |
|                             |       |                                |      |       |     |          |        |       | STAR 1 - Side B      | E    | 6     | 6   |          |
|                             |       |                                |      |       |     |          | 14:50  | 15:05 | FLOOD                |      |       |     | 0:15     |
|                             |       |                                |      |       |     |          | 15:05  | 15:35 | STAR 1 - Side A      | E    | 7     | 6   | 0:30     |
|                             |       |                                |      |       |     |          |        |       | STAR 1 - Side B      | E    | 8     | 6   |          |
|                             |       |                                |      |       |     |          | 15:35  | 16:05 | STAR 1 - Side A      | E    | 9     | 6   | 0:30     |
|                             |       |                                |      |       |     |          |        |       | STAR 1 - Side B      | E    | 10    | 6   |          |
|                             |       |                                |      |       |     |          | 16:05  | 16:30 | STAR 1 - Side A      | E    | 11    | 5   | 0:25     |
|                             |       |                                |      |       |     |          |        |       | STAR 1 - Side B      | E    | 12    | 5   |          |
|                             |       |                                |      |       |     |          | 16:30  | 16:55 | STAR 1 - Side A      | E    | 13    | 5   | 0:25     |